

# プールコース利用表

## 【 8月11日(火・祝) 】

|       | プールフリーコース                     |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    | ダイビングゾーン |       |
|-------|-------------------------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----------|-------|
|       | 1                             | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 |          |       |
| 10:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 10:00 |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 11:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 11:00 |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 12:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 12:00 |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 13:00 | 自由<br>水泳                      |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 13:00 |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 14:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 14:00 |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 15:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 15:00 |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 16:00 | ジュニア<br>スクール                  |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 16:00 |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 17:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 17:00 |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 18:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 18:00 |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 19:00 | スポーツ施設のご利用は、<br>19:30までとなります。 |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 19:00 |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 20:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 20:00 |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 21:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 21:00 |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 22:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 22:00 |

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詳細はプールサイドコース看板、プールサイド掲示板をご覧ください。

また、当日の変更がある場合がございます。予め、ご了承ください。

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ゴールドジム千葉ニュータウンジョイフルアスレティッククラブ

# プールコース利用表

## 【 8月12日(水) 】

|       | プールフリーコース    |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    | ダイビングゾーン |       |       |     |       |  |     |
|-------|--------------|---|---|---|---|----------------|---|---|---|----|----|----|----|----|----|----|----------|-------|-------|-----|-------|--|-----|
|       | 1            | 2 | 3 | 4 | 5 | 6              | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 |          |       |       |     |       |  |     |
| 10:00 |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | 10:00 |       |     |       |  |     |
| :30   |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | :30   |       |     |       |  |     |
| 11:00 |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | 11:00 |       |     |       |  |     |
| :30   |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | :30   |       |     |       |  |     |
| 12:00 |              |   |   |   |   | エンジョイ<br>スイマーズ |   |   |   |    |    |    |    |    |    |    |          | 12:00 |       |     |       |  |     |
| :30   |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | :30   |       |     |       |  |     |
| 13:00 |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | 13:00 |       |     |       |  |     |
| :30   |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | :30   |       |     |       |  |     |
| 14:00 | 自由<br>水泳     |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | 14:00 |       |     |       |  |     |
| :30   |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          |       |       | :30 |       |  |     |
| 15:00 |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          |       |       |     | 15:00 |  |     |
| :30   |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          |       |       |     | :30   |  |     |
| 16:00 |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | 16:00 |       |     |       |  |     |
| :30   |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | :30   |       |     |       |  |     |
| 17:00 | ジュニア<br>スクール |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          |       | 17:00 |     |       |  |     |
| :30   |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          |       |       |     |       |  | :30 |
| 18:00 |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          |       |       |     |       |  |     |
| :30   |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | :30   |       |     |       |  |     |
| 19:00 |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | 19:00 |       |     |       |  |     |
| :30   |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | :30   |       |     |       |  |     |
| 20:00 |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | 20:00 |       |     |       |  |     |
| :30   |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | :30   |       |     |       |  |     |
| 21:00 |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | 21:00 |       |     |       |  |     |
| :30   |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | :30   |       |     |       |  |     |
| 22:00 |              |   |   |   |   |                |   |   |   |    |    |    |    |    |    |    |          | 22:00 |       |     |       |  |     |

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ゴールドジム千葉ニュータウンジョイフルアスレティッククラブ

# プールコース利用表

## 【 8月13日(木) 】

|       | プールフリーコース    |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    | ダイビングゾーン |       |
|-------|--------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----------|-------|
|       | 1            | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 |          |       |
| 10:00 |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 10:00 |
| :30   |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 11:00 |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 11:00 |
| :30   |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 12:00 |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 12:00 |
| :30   |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 13:00 |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    | 利用<br>禁止 | 13:00 |
| :30   |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 14:00 | 自由<br>水泳     |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 14:00 |
| :30   |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 15:00 |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 15:00 |
| :30   |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 16:00 |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 16:00 |
| :30   |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 17:00 | ジュニア<br>スクール |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 17:00 |
| :30   |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 18:00 |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 18:00 |
| :30   |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 19:00 |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 19:00 |
| :30   |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 20:00 |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 20:00 |
| :30   |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 21:00 |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 21:00 |
| :30   |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 22:00 |              |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 22:00 |

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ゴールドジム千葉ニュータウンジョイフルアスレティッククラブ

# プールコース利用表

## 【 8月16日(日) 】

|       | プールフリーコース                     |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    | ダイビングゾーン |       |       |  |  |  |  |  |       |
|-------|-------------------------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----------|-------|-------|--|--|--|--|--|-------|
|       | 1                             | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 |          |       |       |  |  |  |  |  |       |
| 10:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 10:00 |       |  |  |  |  |  |       |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |       |  |  |  |  |  |       |
| 11:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 11:00 |       |  |  |  |  |  |       |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |       |  |  |  |  |  |       |
| 12:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 12:00 |       |  |  |  |  |  |       |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |       |  |  |  |  |  |       |
| 13:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 13:00 |       |  |  |  |  |  |       |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |       |  |  |  |  |  |       |
| 14:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 14:00 |       |  |  |  |  |  |       |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |       |  |  |  |  |  |       |
| 15:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    | 利用<br>禁止 | 15:00 |       |  |  |  |  |  |       |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |       |  |  |  |  |  |       |
| 16:00 | ジュニア<br>スクール                  |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          |       | 16:00 |  |  |  |  |  |       |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          |       |       |  |  |  |  |  | :30   |
| 17:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          |       |       |  |  |  |  |  | 17:00 |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          |       |       |  |  |  |  |  | :30   |
| 18:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 18:00 |       |  |  |  |  |  |       |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |       |  |  |  |  |  |       |
| 19:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 19:00 |       |  |  |  |  |  |       |
| :30   | スポーツ施設のご利用は、<br>19:30までとなります。 |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |       |  |  |  |  |  |       |
| 20:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 20:00 |       |  |  |  |  |  |       |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |       |  |  |  |  |  |       |
| 21:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 21:00 |       |  |  |  |  |  |       |
| :30   |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |       |  |  |  |  |  |       |
| 22:00 |                               |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 22:00 |       |  |  |  |  |  |       |

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ゴールドジム千葉ニュータウンジョイフルアスレティッククラブ

# プールコース利用表

## 【 8月17日(月) 】

|       | プールフリーコース |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    | ダイビングゾーン |       |
|-------|-----------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----------|-------|
|       | 1         | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 |          |       |
| 10:00 |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 10:00 |
| :30   |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 11:00 |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 11:00 |
| :30   |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 12:00 |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 12:00 |
| :30   |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 13:00 |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 13:00 |
| :30   |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 14:00 |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 14:00 |
| :30   |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 15:00 |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 15:00 |
| :30   |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 16:00 |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 16:00 |
| :30   |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 17:00 |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 17:00 |
| :30   |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 18:00 |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 18:00 |
| :30   |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 19:00 |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 19:00 |
| :30   |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 20:00 |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 20:00 |
| :30   |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 21:00 |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 21:00 |
| :30   |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | :30   |
| 22:00 |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |          | 22:00 |

ジュニア  
スクール

利用禁止

の時間帯はご利用が出来ません。

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