

# プールコース利用表

## 【 5月7・21日(木) 】

|       |              | プールフリーコース |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       |       |
|-------|--------------|-----------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|-------|-------|
|       |              | 1         | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16    |       |
| 10:00 | 学校<br>水泳     |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 10:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 11:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 11:00 |
| :30   | ジュニア<br>スクール |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 12:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 12:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 13:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 13:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 14:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 14:00 |
| :30   | ジュニア<br>スクール |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 15:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 15:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 16:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 16:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 17:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 17:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 18:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 18:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 19:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 19:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | :30   |       |
| 20:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | 20:00 |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | :30   |       |
| 21:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | 21:00 |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | :30   |       |
| 22:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | 22:00 |       |



の時間帯はご利用が出来ません。

の時間帯はお客様の泳ぐ目的に応じてコースのご利用方法が変更となります。  
詳細はプールサイドコース看板をご覧ください。

また、当日若干の変更がある場合がございます。予め、ご了承ください。

(成人有料グループレッスン、プライベートレッスンでコースを利用する場合がございます。)

ゴールドジム千葉ニュータウンジョイフルアスレティッククラブ

# プールコース利用表

【 5月8・15・22・29日(金) 】

|       |              | プールフリーコース |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  |       |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
|-------|--------------|-----------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|-----|--|-------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-------|
|       |              | 1         | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16  |  |       |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| 10:00 | 学校<br>水泳     |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | 10:00 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | :30   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| 11:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | 11:00 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | :30   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| 12:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | 12:00 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | :30   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| 13:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | 13:00 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | :30   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| 14:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | 14:00 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | :30   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| 15:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | 15:00 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | :30   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| 16:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | 16:00 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | :30   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| 17:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | 17:00 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | :30   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| 18:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | 18:00 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| :30   | ジュニア<br>スクール |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | :30 |  |       |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| 19:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  |       |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 19:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  |       |  |  |  |  |  |  |  |  |  |  |  |  |  |  | :30   |
| 20:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | 20:00 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | :30   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| 21:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | 21:00 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | :30   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |
| 22:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |     |  | 22:00 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |



の時間帯はご利用が出来ません。

の時間帯はお客様の泳ぐ目的に応じてコースのご利用方法が変更となります。  
詳細はプールサイドコース看板をご覧ください。

また、当日若干の変更がある場合がございます。予め、ご了承ください。



(成人有料グループレッスン、プライベートレッスンでコースを利用する場合がございます。)

ゴールドジム千葉ニュータウンジョイフルアスレティッククラブ

# プールコース利用表

## 【 5月11日(月) 】


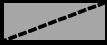
|       |              | プールフリーコース |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       |       |
|-------|--------------|-----------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|-------|-------|
|       |              | 1         | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16    |       |
| 10:00 | 学校<br>水泳     |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 10:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 11:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 11:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 12:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 12:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 13:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 13:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 14:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 14:00 |
| :30   | ジュニア<br>スクール |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 15:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 15:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 16:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 16:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 17:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 17:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 18:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 18:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 19:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | 19:00 |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | :30   |       |
| 20:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | 20:00 |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | :30   |       |
| 21:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | 21:00 |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | :30   |       |
| 22:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | 22:00 |       |

 の時間帯はご利用が出来ません。  
 の時間帯はお客様の泳ぐ目的に応じてコースのご利用方法が変更となります。  
 詳細はプールサイドコース看板をご覧ください。  
 また、当日若干の変更がある場合がございます。予め、ご了承ください。  
 (成人有料グループレッスン、プライベートレッスンでコースを利用する場合がございます。)  
 ゴールドジム千葉ニュータウンジョイフルアスレティッククラブ

# プールコース利用表

## 【 5月12・19・26日(火) 】


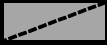
|       |              | プールフリーコース |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       |       |
|-------|--------------|-----------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|-------|-------|
|       |              | 1         | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16    |       |
| 10:00 | 学校<br>水泳     |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 10:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 11:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 11:00 |
| :30   | ジュニア<br>スクール |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 12:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 12:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 13:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 13:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 14:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 14:00 |
| :30   | ジュニア<br>スクール |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 15:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 15:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 16:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 16:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 17:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 17:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 18:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 18:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 19:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    |       | 19:00 |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | :30   |       |
| 20:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | 20:00 |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | :30   |       |
| 21:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | 21:00 |       |
| :30   |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | :30   |       |
| 22:00 |              |           |   |   |   |   |   |   |   |   |    |    |    |    |    |    | 22:00 |       |

 の時間帯はご利用が出来ません。  
 の時間帯はお客様の泳ぐ目的に応じてコースのご利用方法が変更となります。  
 詳細はプールサイドコース看板をご覧ください。  
 また、当日若干の変更がある場合がございます。予め、ご了承ください。  
 (成人有料グループレッスン、プライベートレッスンでコースを利用する場合がございます。)  
 ゴールドジム千葉ニュータウンジョイフルアスレティッククラブ

# プールコース利用表

## 【 5月13・20・27日(水) 】

|       |              | プールフリーコース |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       |       |
|-------|--------------|-----------|---|---|----------------|---|---|---|---|---|----|----|----|----|----|----|-------|-------|
|       |              | 1         | 2 | 3 | 4              | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16    |       |
| 10:00 | 学校<br>水泳     |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | 10:00 |
| :30   |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 11:00 |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | 11:00 |
| :30   |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 12:00 |              |           |   |   | エンジョイ<br>スイマーズ |   |   |   |   |   |    |    |    |    |    |    |       | 12:00 |
| :30   |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 13:00 |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | 13:00 |
| :30   |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 14:00 |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | 14:00 |
| :30   | ジュニア<br>スクール |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 15:00 |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | 15:00 |
| :30   |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 16:00 |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | 16:00 |
| :30   |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 17:00 |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | 17:00 |
| :30   |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 18:00 |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | 18:00 |
| :30   |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | :30   |
| 19:00 |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    |       | 19:00 |
| :30   |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    | :30   |       |
| 20:00 |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    | 20:00 |       |
| :30   |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    | :30   |       |
| 21:00 |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    | 21:00 |       |
| :30   |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    | :30   |       |
| 22:00 |              |           |   |   |                |   |   |   |   |   |    |    |    |    |    |    | 22:00 |       |

 の時間帯はご利用が出来ません。  
 の時間帯はお客様の泳ぐ目的に応じてコースのご利用方法が変更となります。  
 詳細はプールサイドコース看板をご覧ください。  
 また、当日若干の変更がある場合がございます。予め、ご了承ください。  
 (成人有料グループレッスン、プライベートレッスンでコースを利用する場合がございます。)  
 ゴールドジム千葉ニュータウンジョイフルアスレティッククラブ